

Capsule Options

I offer two sizes and several flavor options:

Capsule Sizes:

- Size 0 – smaller, easier to swallow
- Size 00 – standard, holds more powder per capsule

Capsule Types & Flavors:

- Gelatin (traditional)
- Vegetarian (plant-based)
- Chlorophyll (neutralizes odor)
- Berry (light fruity flavor)



Why Choose Natural to You?

- ✓ Trained Placenta Specialist
- ✓ Safe handling & sanitary procedures
- ✓ Personalized options to fit your birth experience
- ✓ Compassionate care from a doula who understands your journey

"You Define Your Natural"

Ready to Begin?

☎ 337-789-0272

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📍 Serving Lafayette, LA and surrounding areas



Placenta Encapsulation



What is Placenta Encapsulation?

Placenta encapsulation is the process of preparing the placenta after birth, steaming or keeping it raw, dehydrating it, grinding it into powder, and placing it into capsules for consumption.

Many mothers choose encapsulation to support their postpartum recovery and overall wellness.



Encapsulation Methods

Choose the method that aligns with your beliefs and body:

Raw Method:

- Placenta is cleaned, sliced, and dehydrated without steaming
- Preserves maximum hormones and nutrients
- Produces a more potent product

Steamed Method (Traditional Chinese Medicine Inspired):

- Placenta is gently steamed
- Supports warming and balancing postpartum energy
- Gentler on the digestive system

Placenta Packages

- \$300 Basic
- \$335 Deluxe (includes tincture and placenta print)
- \$250 Placenta Powder
- \$285 Placenta Powder Deluxe (tincture and print)

Enhancement Add-Ons

Placenta Print

- A keepsake made by pressing your placenta onto canvas or paper, showing the “Tree of Life.”

Placenta Tincture

- A long-lasting remedy created by soaking placenta in alcohol
- Can be used for hormonal support years after birth

Mother’s Broth

- Nutrient-rich liquid left over from the steaming process
- Optional to consume in early postpartum for added nourishment

Reported Benefits

(Individual results may vary):

- ✓ Increased energy
- ✓ Balanced mood and reduced baby blues
- ✓ Faster postpartum recovery
- ✓ Boosted milk supply
- ✓ Decreased postpartum bleeding
- ✓ Hormonal balance support

